

# KURSPLAN

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
			8:30 -10:00 Sunrise Yoga			
			10:30 -12:00 Best Age Yoga			
					Wechselnde Workshops & Specials	
17:30 -19:00 Deep & Slow	18:00 -19:30 Yoga	17:30 -19:00 Yoga	18:00 -19:30 Yoga			
19:30 -21:00 Intensive Yoga	20:00 -21:30 Yoga	19:30 -21:00 Sensitive Yoga				

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*Kalyana*<sup>BY®</sup>  
YOGA NATURAL SPA